Notice of Non-Discrimination Practices

Allergy & Asthma Centers, Inc. complies with applicable Federal civil rights laws and does not discriminate on the basis of race, color, national origin, age, disability, or sex. **Allergy & Asthma Centers, Inc.** does not exclude people or treat them differently because of race, color, national origin, age, disability, or sex.

Allergy & Asthma Centers, Inc.:

- Provides free aids and services to people with disabilities to communicate effectively with us, such as qualified sign language interpreters and written materials.
- Provides free language services to people whose primary language is not English, such as qualified interpreters and information written in other languages.

If you need these services, contact **Debby Cassiday, 540-371-6810**, or ask your care provider.

If you believe that **Allergy & Asthma Centers, Inc.** has failed to provide these services or discriminated in another way on the basis of race, color, national origin, age, disability, or sex, you can file a grievance with: **Debby Cassiday at 1300 Thornton Street Suite #210 Fredericksburg VA 22401**. You can file a grievance in person or by mail, fax, or email. If you need help filing a grievance please speak with any staff member.

You can also file a civil rights complaint with the U.S. Department of Health and Human Services, Office for Civil Rights, electronically through the Office for Civil Rights Complaint Portal, available at https://ocrportal.hhs.gov/ocr/portal/lobby.jsf, or by mail or phone at: U.S. Department of Health and Human Services 200 Independence Avenue, SW Room 509F, HHH Building Washington, D.C. 20201 1.800.368.1019, 800.537.7697 (TDD) Complaint forms are available at http://www.hhs.gov/ocr/office/file/index.html.

Language Assistance Services

ATENCIÓN: si habla español, tiene a su disposición servicios gratuitos de asistencia lingüística. Llame al 540-371-6810.

주의: 한국어를 사용하시는 경우, 언어 지원 서비스를 무료로 이용하실 수 있습니다. 540-371-6810 번으로 전화해 주십시오.

CHÚ Ý: Nếu bạn nói Tiếng Việt, có các dịch vụ hỗ trợ ngôn ngữ miễn phí dành cho bạn. Gọi số 540-371-6810.

注意：如果您使用繁體中文，您可以免費獲得語言援助服務。請致電 540-371-6810.

ملموظ : إذا كنت تتحدث اللغة العربية، فإن خدمات المساعدة اللغوية متاحة لك مجانًا. اتصل برقم 540-371-6810.

PAUNAWA: Kung nagsasalita ka ng Tagalog, maaari kang gumamit ng mga serbisyo ng tulong sa wika nang walang bayad. Tumawag sa 540-371-6810.

جوتا : هب هفان رگزابن رگنگ فگرگ فسوینک یمه دهلایهست زصبت یناپورت رایفرالمگین به رامشاب .اهمشاب یمه دامت 540-371-6810 بابدیریگ

ΘϟTA бΩέ[illegible]ΩήBXف ,ΘΌΘщ ZΫщ EYщЇΧ–ΩЇщ–qYAί ţ[illegible]TH ˬΌΏYΘΘγΩ ,ΘΌ Jįή ϱΥ Ό.540-371-6810

ATTENTION : Si vous parlez français, des services d'aide linguistique vous sont proposés gratuitement. Appelez le 540-371-6810.

ВНИМАНИЕ: Если вы говорите на русском языке, то вам доступны бесплатные услуги перевода. Звоните 540-371-6810.

ACHTUNG: Wenn Sie Deutsch sprechen, stehen Ihnen kostenlos sprachliche Hilfsdienstleistungen zur Verfügung. Rufnummer: 540-371-6810.

Dè ɖɛ nìà kɛ dyéɖé gbo: Ɔ jǔ ké m[Ɓàsɔɔ -wùɖù-po-nyɔ] jǔ ní, nìí, à wuɖu kà kò ɖò po-poɔ ɓɛìn mgbo kpáa. Đá 540-371-6810.

Ntị: Ọ bụrụ na asụ Ibo, asụsụ aka ọasụ n'efu, defu, aka. Call 540-371-6810.

AKIYESI: Bi o ba nsọ èdè Yorùbú ọfé ni iranlọwọ lori èdè wa fun yin o. Ẹ pe ẹrọ-ibanisọrọ yi 540-371-6810.